

Monday	Tuesday	Wednesday	Thursday	Friday
3 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Medicare Counseling 11:30 Hand, Foot, & Toe 1:00	4 CLOSED 	5 Over 50 & Fit 9:00 Senior Outreach 9:00 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	6 Happy Feet 9:00 Cribbage 10:00 Genealogy 10:00 Woodcarvers 10:00 Dominoes 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	7 Open Play 8:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Group 10:00 Strength & Balance 11:00 Monthly Party 12:00 Art Studio 1:00
10 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 Fun with Watercolor 9:30 Ham Radio 10:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Garden Club 1:00 Hand, Foot, & Toe 1:00 Nat'l Ice Cream Month 1:00	11 Open Play 8:00 Day Trip: Lake City I 9:00 Defensive Driving 9:00 Chair Yoga 9:45 Advisory Board 10:00 Fun with Watercolor 10:00 Wills vs Trusts 10:00 Gentle Yoga 11:00 T'ai Chi Chih Workshop 12:30 Bingo 12:40 Bulls & Bears 1:00	12 Adopt a Highway 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 SCS Technology 1:00 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	13 Chair Yoga 9:45 Caregiver Conversation 10:00 Cribbage 10:00 Getting Around Town 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Bunco 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	14 Crafting for a Cause 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Strength & Balance 11:00 Art Studio 1:00 National Park Service 1:00 Open Play 1:00
17 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Open Play 10:45 Medicare Counseling 11:30 Hand, Foot, & Toe 1:00 SCS Technology 1:00	18 Day Trip: Lake City II 9:00 Chair Yoga 9:45 Fun with Watercolor 10:00 Poker 10:00 Shutterbugs 10:00 Gentle Yoga 11:00 Bingo 12:40 Tale Spinners 1:00	19 Over 50 & Fit 9:00 Senior Outreach 9:00 Mahjongg 10:00 Bean Bag Summer Series 10:15 AA/Al-Anon 10:30 The Challenge of Stuff II 10:30 Social Bridge 12:30 Pilates Matwork 2:15 Slow Flow 6:00 500 6:30	20 Canoe Minnehaha 9:00 Happy Feet 9:00 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Book Club 1:00 British History 1:00 Dominoes 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	21 Happy Feet 9:00 Over 50 & Fit 9:00 Blood Pressure 9:30 Computer Group 10:00 Women's Discussion 10:15 Strength & Balance 11:00 Open Play 12:30 Art Studio 1:00
24 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Ranked Choice Voting 10:30 Open Play 10:45 Al & Alma's 11:30 Hand, Foot, & Toe 1:00 Defensive Driving 5:30	25 Open Play 8:00 Chair Yoga 9:45 Fun with Watercolor 10:00 Gentle Yoga 11:00 The Challenge of Stuff I 11:30 Bingo 12:40 T'ai Chi Chih Workshop 12:30 Bulls & Bears 1:00	26 Over 50 & Fit 9:00 Mahjongg 10:00 AA/Al-Anon 10:30 Social Bridge 12:30 SCS Technology 1:00 Slow Flow 6:00 500 6:30	27 Chair Yoga 9:45 Cribbage 10:00 Woodcarvers 10:00 Gentle Yoga 11:00 Lunch & Movie 12:00 Bunco 1:00 Line Dancing 1:00/2:00 Yoga & Strength 6:00	28 Open Play 8:00 Happy Feet 9:00 Over 50 & Fit 9:00 Computer Group 10:00 Strength & Balance 11:00 Art Studio 1:00
31 Art Studio 9:00 Men's Discussion 9:00 Over 50 & Fit 9:00 T'ai Chi Chih Practice 10:00 Presidential Series 10:30 Open Play 10:45 Al & Alma's 11:30 Hand, Foot, & Toe 1:00 Snacks & Movie 1:00	Programs and services for those 55+ 952-939-8393 Minnetonkamn.gov/senior-services			 CITY OF MINNETONKA SENIOR SERVICES Coming in August —Fall Registration for programs running September through December. Save the Date! August 10th at 8am.